

Qualitative Understanding and Nutritional Treatment Intervention for the EYE

To Our Patients

We continuously strive to provide our patients the very best in eye care services. Recently, we acquired a device that allows us to assess your risk of developing an eye disease called Macular Degeneration. This disease is a leading cause of blindness in adults and there is no adequate treatment; however, it can be managed if caught early. We can now take measures to reduce your risk of developing this disease. The test is a light response test that only takes a few minutes.

Risk Factors *(please check if any of the following apply to you)*

- Age:** over 60
- Family History** *(please check all that apply):*
 - Macular Degeneration,** Glaucoma, Cataract, High Blood Pressure, Diabetes, Heart Disease
- I have** *(please check all that apply):*
 - Macular Degeneration,** Glaucoma, Cataract, High Blood Pressure, Diabetes, Heart Disease
- Female**
- Light Eyes, Light Skin**
- Sensitive to Light**
- Excessive exposure to sun**
- Smoker** (check even if you have quit)
- Inadequate consumption of green, leafy vegetables**

We strongly recommend that you take this test, so we can determine your risk for Macular Degeneration and develop a base-line measurement that allows us to track any changes that might occur in the future. Since this is a new test, never before available, it is not covered by your insurance; however, the cost to you is minimal, only \$20.

Should you have any questions, please do not hesitate to ask.

I understand my risk factors for Macular Degeneration and choose to:

- ACCEPT TEST**
- DECLINE TEST**

Patient Signature

Date

<i>For Office Use</i>			
Risk Assessment:			
Doctor's Risk Determination			
<i>(circle one)</i>	High	Med	Low
MPOD Score _____		R/L	
<.25	.25 - .45	>.45	
Lower Range	Mid Range	Higher Range	